

South Brisbane Sailing Club

Sailing Competency and Fitness Questionnaire

To be completed by new sailors at SBSC

Name:	
Date:	
Question 1.	How often have you sailed in the past 5 years?
	Once or twice
	Several or more times
	I have not sailed in the last 5 years
Question 2.	When did you last sail regularly?
Question 3.	Where have you mostly sailed? (multiple selections are applicable)
	Open water Bay waters
	Inland lake waters River waters
Question 4.	Did your river sailing experience include strong tidal influences & commercial traffic?
	Yes No N/A
Question 5.	In what capacity have you mainly sailed? (multiple selections applicable)
	Skipper Crew N/A
Question 6.	What type of boat have you mostly sailed;
	Yacht Catamaran
	Dinghy N/A
	What class/es of boat you have sailed?

Question 7.	How far can you swim (in a swimming pool or calm water)?	
	Less than 25m 25m or more	
Question 8.	Have you completed any sailing courses?	
	Yes No	
	What were they, and when did you complete them?	
Question 9. Ar	ny other relevant information	
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Recommendat	ions:	
Crew in at	least 1 race with experienced skipper before crewing	
Crew and s	skipper with experienced skipper in at least 1 race before skippering	
Supervised	l on-water test as skipper before skippering	
OK to skipp	er	
OK to crew		
Not OK to c	rew or skipper	
Comments:		
Signed:		
Officer Name:		
Date:		
Position:		